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of Drunkenness
& its cure.

# of Drunkenneſs

Drunkenneſs is a form of apoplexy. I shall therefore treat it as a disease under the head of apoplexy. —

I shall first mention its premonitory signs, and then describe a paroxysm of it.

The first effects of strong Drink are different in different people, but they generally appear with more or leſs of the following signs.

1 ~~its predom~~ Unnatural silence.
2 unusual garrulity.
3 captiouſneſs & a disposition to quarrel.
4 uncommon good humor, & an insipid simpering, or laugh.
5 Profane swearing and cursing.
6 Obscene conversation.
7 A disclosure of his own, or of other people's secrets.
8 A rude disposition to tell those persons in company, whom they know, ~~of their~~

of their faults.

9 certain ~~indecent &~~ immodest actions. I have known an instance of a woman of ~~a~~ chaste manners & character, who when sober, ~~in~~ ~~[illegible]~~ under the first impressions of strong drink, never failed to pass, and make other indecent signs of an unlawful passion for every man that came into her company.

10 A Clipping of Words. is another precursor of a fit of Drunkenness.

11 Fighting. ~~Hence~~ a black eye, or a ~~blows~~ swelled nose, ~~is often the consequence~~ ~~or~~ marks this advanced grade of the ~~B~~ premonitory signs of apoplectic ~~of this grade of~~ Drunkenness.

12 Certain extravagant acts partaking of Insanity. These, when they occur in company & in a tavern, ~~act~~ consist of singing, hallowing, roaring, ~~jumping, stripping of clothes dancing naked~~, imitating the noises of brute animals,

V and cursing, ~~the~~ – careſsing & kicking, the Sals – and Pegs, and Bettys and Kittys of the town, till overcome by strong Drink ~~wine & they at the~~ ~~found among the next day in the~~. they paſs on ~~in~~ to the last effects ~~of strong~~ produced by it, that is, apoplectic Drunkenneſs. ~~When the~~ This disease whether it occur in a Brothel, in Company, or in a Chimney Corner, appears with the following Symptoms.

jumping, tearing off ~~th~~ cloaths, & dancing naked –
Breaking Glasses, throwing bottles at the heads of
waiters & cooking gold watches ~~in~~ with hogs lard in a
frying pan. – This Sport is a picture drawn from the life of ~~a~~ Scenes
which have occurred within doors in this city.
Sometimes the Insanity produced by ~~[illegible]~~ strong
drink discovers itself by a company thus deran=
=ged, rushing ~~out~~ out after midnight ~~from their~~ into
the Streets; – filling the Air with their yells & Bachanalian Songs, tea=
=ring down, and misplacing signs, – breaking of
knockers & insulting, and knocking down Watch=
=men ~~a and frequently reading in their being~~ well would
be for ~~this group of madmen~~ these Belials if their follies & vices
ended here. From the acts of violence which
have been mentioned they proceed to houses of ill fame
where they pass the remaining part of the night,
~~and frequently the greatest part next day in~~
~~too beastly & degrading~~
~~Scenes of debaucheries~~ riot
in the grossest Acts
~~to be mentioned in a public lecture in~~
~~Scenes~~ of debauchery & rioting, alternately ~~[illegible]~~ flattering

4

~~Drunkenness ~~resembles in so many~~ is a form of ~~the~~ apoplexy. ~~of its symptoms the apoplectic state of persons~~ ~~and that~~ I have therefore concluded to treat of it as a disease under the head of apoplexy. —~~

~~I shall first mentions its different grades and symptoms before its ascends to the degree of apoplexy.~~

⊕ The face is flushed, — the eyes project, — and are ~~so~~ somewhat watery, — Winking is less frequent than is natural, — the head inclines a little to one shoulder the jaw falls — eructations and hiccups take place, — the limbs totter, — ~~the under lip is protruded~~, — the whole body staggers, — ~~he falls on at length~~ The unfortunate subject of this disease next ~~he~~ falls on his seat — he looks around him with a vacant countenance, & mutters inarticulate sounds to himself — ~~at l~~ He attempts to get up — & walk — In this attempt he falls upon his side — from which he

gradually turns upon his back – He now closes his eyes – ~~his~~ and falls into a profound sleep frequently attended with snoring. – ~~Some-times the hands move with a convulsive motion and are directed to unloosen his waistcoat &~~ The ~~muscles~~ sphincters of the bladder & Rectum ~~which retain the faeces~~ are sometimes relaxed in this state of the System, and the ~~faeces~~ Urine & faeces are dis-charged involuntarily into his small Cloathes. In this ~~state~~ Condition he often ~~lies for~~ lies from 10, 12, and ~~sometimes~~ 24 hours to 2-3, 4 & 5 days. His recovery from ~~it~~ this fit of drunkenness is marked with several peculiar symptoms. He opens his eyes, and closes them again – He gapes, and stretches his limbs, he coughs – ~~in~~ & ~~he~~ pukes ~~Spitting Be~~ His voice is hoarse, – he rises ~~[illegible]~~ – ~~H~~ and staggers to a Chair, –

V he emits a deep ~~ll~~ fetched Sigh, or groan from ~~heavy and uttered full~~ ~~under~~ a transient ~~sense of a~~ twitch of Conscience, but he more frequently -

+ ~~Pythagoras~~ I formerly mentioned that the Doctrine of ~~Plato~~ the transmigration of Souls taught by Pythagoras, was supposed to be an allegory, intended in part to expose the degraded and beastly state to which a man reduced himself by Drunkenness. ~~In this state~~ His noise, ~~was~~ his filthiness, - his obscenity - his lechery - his disposition to quarrel & fight & his simple vacant countenance were all owing to ~~a~~ his Soul having yielded his body to the ~~possession~~ Souls of an ap - a hog, a monkey, - a he goat - a ~~cat~~ Dog, a Calf, and Others equally ~~so~~ noisy, filthy & stupified Animals.

– his eyes resemble balls of fire – his hands tremble – He loathes the ſight of food – ~~he calls for~~ he calls for a glaſs of ſpirits to compoſe his ſtomach. – ~~Now &~~ then ~~ſighs~~ – ~~he~~ ſcolds – and ~~so~~ curses every thing around him. In this ſtate he remains for one or ~~two~~ days before he reſumes his ~~own~~ former habits of buſineſs, and Conversation. ⊕

~~they have ſ delirium~~
This is ~~Thus~~ a short description of a paroxysm of Drunkenneſs. + ~~there is ⊕ sometimes a variety in it, according~~

These paroxyſms ~~Thus they~~ differ in the times of their recurrence. They come on once ~~in two or three months~~ a year in some people particularly on the 4th of July, and on other holidays.

2 They ~~occur~~ once in two or three months.

3 ~~They occur~~ Once a month.

V This disease like many others is both ~~a~~ hereditary, & family disease. I have known it to descend from a father, to four out of five of his Children. It is probable a hereditary feebleness of of the nervous system may have predisposed to it. again — I have seen three, & four of a family affected ~~to~~ by it where there has been no hereditary predisposition to it. Lastly I have seen it spread, ~~like~~ as if by contagion, thro' a whole family composed of members not originally related to each other. In this case, it was the effect of example, and of a social temper.

4. ~~They occur~~ once a week, ~~and~~
5 every Afternoon; and lastly
6 ~~They occur~~ during ~~the whole~~ every hour
of every day. — We once had a citizen
of Philadelphia in whom Drunkenness
appeared in this Chronic form. In speaking
of him to one of his neighbours, I said "Does
he not ~~get~~ sometimes get drunk?" ~~sometimes~~"? — "You mean
said he "Is, he not sometimes sober." ~~not sober sometimes!~~ —

The effects of occasional Drunkenness
are often such as to impair the strength &
understanding in such a manner, as that
~~men who~~ the ~~persons~~ men who are the subjects
of it are like the persons spoken of by St
Paul ~~they~~ "who are dead while they live."
they are drunk — even when they are
sober. — V Its effects on Husb$^{ds}$ Wives
Senators &c — ministers &c

1 ~~an Emetic~~ is to discharge the contents of the Stomach by thrusting a feather down the throat. It often removes the disease in a half an hour. As this remedy may not always produce a puking, it will be necessary to have recourse $2^{ly}$ to

The Remedies for this ~~disea~~ disease divide themselves into two kinds.

I Such as are proper during the paroxysm of Drunkenness.

II Such as are proper during the intervals of the paroxysms ~~to~~ prevent their recurrence.

I The first remedy that I shall mention for the paroxysm of Drunkenness [illegible] is V 2 by wetting the head with cold water, by wrapping a wet napkin around, or by the affusion of cold water upon it. In the former way, it is said the famous English Orator & Statesman Mr Fox often restores himself from moderate degrees of intoxication. In the latter way, I have often when a boy seen ~~it~~ it cured in this city. The method of applying it was to drag the patient when found lying in the Street, to a pump, and pumping water upon his head for ~~5~~ ten, or fifteen minutes. ~~I have~~ The patient generally rises and walks off sober and sullen from the use of this remedy.

3 Plunging the whole body into water has suddenly cured this disease. A number of gentlemen who had dined & drank to intoxication on board a ship lying ~~at~~ in the Stream near Baltimore, on their way to the shore in a small boat in the evening, in consequence of their reeling ~~from one backwards & forwards~~ to one side ~~&~~ upset the boat. ~~and all~~ they ~~all~~ all fell into the water. Several boats from the shore ~~flew~~ hurried to their relief. They were all picked up perfectly sober. ~~the fir~~

4 Terror has sometimes cured a fit of Drunkenness. Several young merchants who had ~~sat~~ drank together in a framed Compting house on the edge of James River until they all became Drunk were carried ~~to~~ away ~~suddenly~~ by a Sudden rise of the river from an ~~and~~ immense fall of Rain. They floated ~~to~~ two miles ~~to~~ down the river ~~in the~~ in great jeopardy, ~~& half~~ with their little ~~cabin~~ building half filled with water. An Island in the River arrested ~~the~~ it. When they came ashore they were all perfectly sober. It is probable terror ~~acted in the former cas~~ assisted

in the cure of the persons who fell into the
river at Baltimore.

5 A severe ~~whipping~~ whipping has once cured a fit
of Drunkenness in a man in Chester County.
- Its ~~acts~~ operation is easily accounted for upon
the principles of concentration & revulsion.

6 Glauber says that filling the mouth with
common Salt, & thrusting it into the stomach
has cured a fit of Drunkenness. the Spirit of
Sea Salt ~~I have [illegible]~~ it is said, has the same effect.

7 The Revd Dr Witherspoon used to tell a story of
a man in Scotland who was always cured of
a fit of Drunkenness by being made angry. ~~His~~
~~friends~~ the means ~~subject of Conversation~~ chosen for
that purpose was a very singular one. It was,
talking against Religion.

8 Where these Remedies fail, V.S: should be used.
- It would probably cure ~~after before~~ without
the use of any of them.

9 All tight ligatures should be removed from

V I shall illustrate the good effects of this appeal, in curing Drunkenness in several instances.

the body, & the head should be elevated a little above
the shoulders as in apoplexy from all its other
causes. —

II. We proceed now to mention the means of preventing the
recurrence of paroxysms of Drunkenness.

They consisted in appeal to ~~the~~ that deep fea=
=~~to~~ principle~~of~~ in the human mind the Association of ideas. I have
known a love of Spirits subdued for two
years in a negro man by drinking some
Rum (~~tw~~which he had stolen) in which ♃
Emetic had been ~~dip~~ infused, ~~& a Snake in=~~
~~=fused in Spirit cured it completely in another~~
~~negro, formerly a servant of mine~~, and
which sickened & puked him severely.

√ Even accidental association of sickness & pain with Spirits, has ~~[illegible]~~ not only cured an Attachment to it, but rendered it dis=agreeable afterwards. A Gentleman in this city ~~Josiah Hewes~~ took a draught of strong toddy after being very wet & cold. a severe Rheumatic gout followed his fatigue & exposure to the weather. Ever afterwards Spirit was disagreeable to him from the association of pain & the taste of the Spirit. Dr Woodhouse informed me that a puke of Tr Emet: worked of with Spirit and water had cured love of it by the same law of association. This principle in our natures, extends to many other things besides Spirits.

~~It was~~ by 12

~~mind~~. ~~Hence the influence of this~~ ~~prior~~ The Rum ~~in both these cases~~ in this case was never thought of afterwards without being associated in aversion recollection & with ~~the~~ apprehension sickness ~~natural~~ which had been produced by ~~anticipating implanted~~ ~~to~~ the Tartar Emetic. V ~~in one or twice to a Snake~~ [I have heard of a boy who was cured ~~not only of stealing water melons, but~~ of his love for ~~them~~ water melons by eating a part of one which he had stolen, in which a young Dr had concealed some ~~T~~ Emet: ! ~~This~~ the appeal to ~~association~~ it, for the Cure of vice is very ancient. It was ~~introduced~~ used by Moses when he compelled the Children of Israel to drink the Solution of the

V another instance of ~~this~~ the good effects of the association of ideas occurred in this City. A Gentleman of respectable Connections had become so habitual a drunkard as often to fall down in the Streets. One night in attempting to go home from a tavern, he reeled down ~~from~~ between the stone Cheeks of two Cellar doors, & rested an arm on each of them. A Dog passing bye, & supposing him to be part of the wall of the house on which he rested his back, quietly lifted up one leg, & made water in his face. ~~The~~ He instantly ~~startled from~~ perceived his ~~degraded~~ ridiculous & degraded ~~his~~ situation, — ~~and was so~~ rose suddenly from ~~his~~ it — staggered home, spoke of it with detestation, & from that night never afterwards tasted spirituous liquors. He ~~lived and died~~ has ever since been a sober, ~~and~~ man to the great joy of all his Connections.

A 2nd: method of curing Drunkenness is — go to p 15

‡

golden calf (which they had idolized) in water. This solution, if made as it most probably was, by means of Hepar Sulphuris, was extremely bitter & loathsome, and could never be recollected afterwards without being associated in detestation with the sin which subjected them to the necessity of drinking it. V

~~2 The smell of ardent Spirits has in two instances that come to my knowledge cured a love for them. The one was in a tavern keeper [Mr Hoskins] – the other in a Journeyman distiller.~~

~~3 Exciting a counter passion. A Citizen of Philada. who had long been afflicted~~

○ with a drunken wife, bought a barrel of Rum, and contrary to his usual practice left the key in the door of the store room in which he kept his liquors, in order to give his wife an opportunity of easy access to the Rum that she might of drink~~ing~~ herself to death. She suspected the cause of it, and to spite her husband, became from that time, a sober woman.

6th ~~4~~ The Substitution of other less destructive liquors in their room as Wine & Beer. I have known this ~~mean~~ to succeed in one or two instances, but they are too often taken in such excess as to do equal mis=chief ~~to~~ with the Ardent Spirits. the use of those liquors prevents the Love of Spirits, but they seldom cure it. ~~[illegible]~~ turn over to p: 16.7 +

+2nd ~~3d~~ by Destroying the ~~Spirits~~ recollection and

∨ 3d method of curing drunkenness is by means of
a 3: a sudden Sense of Shame. This deep seated principle
in human nature, ~~has~~ is often appealed to in the
sacred Scriptures. Its resuscitation is ~~often~~ a pre=
=lude to reformation, hence Dr Johnson has
happily said "where there is shame, there may
be virtue". I shall mention several instances of
its good effects in curing Drunkenness. A farmer

who had been in the habit for many years
of coming home drunk from attending
the market in a Country town in Eng:
one ~~market~~ day observed appearances
of rain while he was in market. His
~~had~~ hay was cut, and ready to be housed.
To save it he returned in haste to his
farm before he had ~~has~~ taken his custo=
=mary dose of liquor. Upon coming into
his house One of his Children, a boy
of 6 years old, said to his mother, &c

desire ~~use~~ of Spirits, by destroying all those cir=
=cumstances with wch it is associated.
Some men drink only in a morning,
some at noon, & some only at night.
Some drink on a market day only. — Some
at market only, some at one ta=
=vern only, & some only with cer=
=tain kind of company. Now by finding
some new employment for drunkards
or hard Drinkers ~~(who do not drink to
intoxication~~) at the usual times in which they
have been accustomed to drink, and by
restraining them from those places &
companions, which suggest the idea
of strong drink ~~they~~ to them, the habit
of drinking may be completely destroy=
=ed. V ~~6 a Salivation: Dr Black's Cure.~~
7 ~~8~~+ Abstaining gradually from Spirits

cried out "Oh mamma — here is Dadda, come home, & he is not drunk". The father was overcome with this rebuke & never tasted ardent Spirits afterwards.

a 2nd fact in favor ~~Another story will still further illustrate~~ the good effects of this sense of shame is as follows. A noted drunkard was once followed by a favorite goat to a tavern into which he was invited by his master and drenched with some of his ~~liquor master's~~ liquor. The poor animal went home with his master completely intoxicated. The next day, he ~~was~~ followed him ~~led by him master~~ to his accustomed tavern. when he came to the door, he paused, — his master made signs to him to follow him into the house. The goat stood still; an attempt was made to thrust him into the house :— the goat resisted as

has been recommended by some
writers, but this will not do.
They cannot be ~~be~~ given up completely
& suddenly. "Taste not, ~~touch not~~
handle not, touch not" should be inscribed
upon every vessel that contains spirit
I have not said "smell not" for a reason
in a man's house. — To obviate for
to be mentioned presently.
a while the effects of the sudden abstrac-
tion of the stimulus of Rum, Laudn.
& Bitters of any kind infused in water may
be taken with great advantage. — go to p: 23 8.

§ 13th. I have known an oath taken
before a magistrate in one instance
to drink no more spirits, or even
wine produce a perfect cure of ~~of~~
a desire for them. It is sometimes
cured in this way in Ireland. The

if drunk with the recollection of what he suffered from his intoxication & the night before. His master was so much affected at this conduct of the goat, so much more rational than his own, that he became from that time a sober man. —— V=

12th: || A Salivation has lately ~~been informed~~ ~~I have been inf$^{d}$~~ performed a Cure of Drunkenneſs in ~~a~~ person in Virginia. ~~Because~~ the new Disease excited in the mouth and in throat while it rendered it painful to Drink Spirits, was happ~~ineſs~~ily calculated to destroy the disease in the Stomach w$^{ch}$: prompts to Drinking, as well as to render the recollection of the liquor disagreeable by the laws of Aſsociation. go to 12. p: 19.

persons who take the Oath are
called Affidavit men. ~~[illegible]~~ But
14th ~~9~~ The ~~[illegible]~~ ~~only~~ most effectual & radical Cure for this
physical Vice ~~is to~~ has been found
in Religion. Many hundred Drunkards
~~in this and Other Countries~~ have been
cured of their desire for ~~the~~ Spirits by
~~the~~ principles & discipline of the Societies of friends & Me-
thodists in this & Other Countries. If
Christianity had nothing else to recom-
mend it ~~but~~ ~~than~~ its superior and almost exclusive power ~~in expelling~~
~~th~~ of curing this destructive disease of
the body and mind, it would be
sufficient to entitle ~~it~~ its doctrines to our belief,
and its ~~precepts~~ Duties to our practice.

V= again 3ly a gentleman on the Potowmac
who had ~~become and habitual~~ nearly destroyed

22. hard drinking
himself by ~~repeated acts of intoxication~~,
was remarkable for exhibiting the grossest
folly in his fits of drunkenness. One evening
sitting in his parlour, he heard an uncommon
noise in his kitchen. He went to the door
& peeped thro' the key hole, where he saw one
of his negroes diverting ~~[illegible]~~ his fellow servants
by mimicking his master's gestures & conver-
sation when drunk. The sight overwhelmed
him with shame & distress, & from that
evening, he became a sober man. ✓
go to p 23. 6

4 A citizen of ~~out~~ Philada of respectable
connections had become so habitual a
drunkard, as often to fall in the streets. ~~&~~
One night in attempting to go ~~walking~~ home from a tavern
he ~~fell down~~ reeled down between the cheeks,
of two cellar doors. & rested ~~his arms~~ one an
arm on each of them. A Dog passing
by, supposing him to be part of the

§ V a 4th mode in which Drunkenness has been
cured, is by a sudden sense of the guilt ~~of~~ contracted by
it, and of its punishment in the future world.
A gentleman of ~~high rank formerly of~~ this
city in a fit of Drunkenness attempted to murder
a wife whom he loved.. Upon being told of it
V when he was sober, he was so struck with
horror at the enormity of ~~his~~ the crime he
had nearly committed, that he never tasted
spirituous liquors afterwards. One of the Judges
of the Supreme Court of Pennsylvania before the Amer: Revolution was
cured of the ~~love~~ habit of drinking spirits to
intoxication, by seeing one of his fellow students
at the University of Oxford in England and suddenly expire in a fit of Drunkenness.

5 exciting a counter passion to the appetite for strong
Drink. A citizen of Philada who had long been
afflicted with ⊙ go to p:- 15.

8th The smell of Ardent Spirits has in two instances
that have come to my knowledge, cured a love for
them. The one was in a tavern keeper, the other
was a Distiller. ~~These solitary instances~~ The spirit in these
instances acted as ~~food~~ the smell of food does in
taking away the appetites

V=heard in a violent attack of the yellow fever in the year 1798 who "lost his relish after his recovery for strong drink, & has I believe ever since been a sober man:

9 a vegetable diet cured ~~in~~ a physician in the State of maryland, of habitual drunkenness, probably by lessening that thirst which is always more or less ex=cited by animal food.

10 Blisters to the Ankles once suspended it in a Lady in this city, who laboured under the chronic grade of Drunkenness. This lady drank as much ~~Spent £100 a year in~~ Brandy alone as ~~cost~~ her £ 200 a year. 11 I attended a notorious Drun=

12 a Salivation - go to p: 20